


Winter & Spring 2024

# Adult Programs

Adult events take place in Program Room A/B and do not require registration, unless otherwise indicated. To register, use our online event calendar or call 262-524-3682. Registration opens four weeks prior to each program.

 = Book discussions and book-related events.

## JANUARY: HOUSING JUSTICE

Housing justice ensures everyone has affordable housing that promotes health, well-being, and upward mobility.

### Mapping Racism and Resistance: Struggles over Racism and Real Estate in the Urban North

January 10 @ 12:30 PM

Join Dr. Derek Handley, Professor of English at UW-Milwaukee, to learn about the Mapping Racism and Resistance research project. This project represents the first effort to comprehensively document and map all racial housing covenants in Milwaukee County.

### Housing for All: A Community Conversation

January 15 @ 4:00 PM

Join community leaders for a special conversation on homelessness and underhousing in Waukesha. They'll discuss barriers to safe, affordable housing and share thoughts on practices to help our unhoused neighbors.



### **Just Action: How to Challenge Segregation Enacted Under the Color of Law** by Richard and Leah Rothstein

January 17 @ 6:30 PM

Screen *Segregated by Design*, a 17-minute film based on Rothstein's *The Color of Law: A Forgotten History of How Our Government Segregated America*. After the film, discuss his follow-up title *Just Action* with Betty Groenewold from the SOPHIA Housing Task Force. She'll share her knowledge on changing discriminatory housing practices and promoting inclusive neighborhoods in Waukesha County.



## JanBoree at the Library!

Join us for our "X-Treme Winter Green" events. See our Kids & Teen Program Guide for other family offerings.

### Get X-Treme Green with Café Manna January 22 @ 6:00 PM

Learn to make vegetable-stuffed collard green "raw" Thai rolls. Registration is required.

### Community Resource Fair - January 31, 11:00 AM-1:00 PM

Talk with representatives from local organizations that provide necessary resources to Waukesha residents.

**Supporting our community by encouraging learning and entertainment at every stage of life.**

## FEBRUARY: THE UN-DEAD HEART OF WINTER

### Advances in Heart Disease Prevention, Diagnosis, and Management

February 1 @ 10:30 AM

Dr. Youssef Garcia-Bengoches, Interventional Cardiologist with ProHealth Care, will discuss specifics on screenings, family history, and diagnostics to help you develop a heart-healthy lifestyle. Registration is required.

### Weird Waukesha: A Tour Through Waukesha's Haunted History

February 12 @ 6:30 PM

Join an American Ghost Walks local expert for a glimpse into Waukesha's haunted history. Hear the interesting legends and true stories of Spring City's past including murder, interstellar visitors, curses, exorcism, and more.

### Getting Started with a Plant-Based Diet

February 26 @ 6:00 PM

Join us for a presentation by Wellness Empowered plant-based health coach Michele Stamn. She'll help us demystify heart-healthy eating and teach us that plant-based cooking is approachable, doable, and fun. Enjoy samples of tasty tofu and her "famous" vegan chocolate chip cookies. Registration is required.

### Japanese Ghosts and Yokai Exploration

February 7 @ 6:30 PM

These aren't the adorable little pocket monsters you've come to know and love — these terrifying creatures are the stuff of nightmares and horror movies. Professor Daniel Becker from Carroll University will lead this exploration into Japan's most dreaded and beloved folktale creatures.

### *My Heart is a Chainsaw* by Stephen Graham Jones

February 14 @ 6:30 PM • Carnegie Room

Film scholar Dr. Jocelyn Szczepaniak-Gillece joins us to discuss *My Heart is a Chainsaw*. The novel focuses on a young heroine, with an encyclopedic knowledge of slasher films, whose sleepy town becomes the scene of several horrific murders.

## MARCH: EXPLORE THE CLIMATE

### Book Tasting

March 5 @ 6:30 PM

Spring City Wine House

Join us in a new climate (at Spring City Wine House) to get the scoop on titles that will be released this spring. Add to your reading list and share favorite titles with other readers. If desired, food and drinks will be available for purchase.

### *The Heat Will Kill You First* by Jeff Goodell

March 13 @ 6:30 PM • Carnegie Room

A representative from the Waukesha County Green Team will join us to discuss *The Heat Will Kill You First: Life and Death on a Scorched Planet* by Jeff Goodell. The book mixes environmental journalism with storytelling in exploring how extreme heat is dramatically changing the planet.

### The Total Solar Eclipse

March 19 @ 6:30 PM

Join UW-Whitewater Professor Bob Benjamin to learn about total solar eclipses and to get tips and safety glasses for viewing the eclipse on April 8.

### Climate at Your Fingertips

March 11 @ 6:30 PM

Attendees will identify real climate solutions and test their impacts on global temperature using an interactive, cutting-edge computer simulation. Along with Allison Bender, Outreach Coordinator for the Wisconsin Energy Institute, you'll create a potential future using evidence-based modeling and engaging conversations.

### Hawaiian Cooking with Ono Kine Grindz

March 14 @ 10:30 AM

Aloha! Welcome Ono Kine Grindz, Wisconsin's authentic Hawaiian restaurant. Join us as they cook up some tasty Carrot Pineapple Slaw and Shoyu Chicken. Registration is required.

### Mino Ayaa: Traditional Cooking with the Native Wellness Garden

March 25 @ 6:00 PM

Mino Ayaa means "Being Well." Come and learn how the Milwaukee Native Wellness Garden supports nutrition and wellness in the indigenous community of the Great Lakes Region. Dietician Diana Osberg will prepare a delicious Bison, Corn, Blueberry, and Wild Rice Salad while discussing the benefits of eating traditional, local foods. Registration is required.

## APRIL: FINANCIAL LITERACY 💰

### **Your Brain on Money: How Your Financial Mindset Affects Your Bottom Line**

**April 8 @ 6:30 PM**

Author, money coach, and retirement expert Emily Guy Birken will teach us how to keep personal money psychology from disrupting our financial plans.

### **Wallet-friendly Green Cuisine: Healthy Cooking on a Budget**

**April 22 @ 6:00 PM**

Curious how to stick to a budget and still get a variety of veggies in your diet? Waukesha County FoodWise Nutrition Educators will show us easy ways to load up on greens. They'll also demonstrate how to make a simple, tasty salad and homemade dressing. Registration is required.

### **📖 *Poverty, by America* by Matthew Desmond**

**April 10 @ 6:30 PM • Carnegie Room**

Jodie LaChapelle, St. Vincent DePaul's Getting Ahead Program Director, will join us to discuss Matthew Desmond's *Poverty, by America*. Desmond reimagines the debate on poverty in the U.S. and draws on history, research, and original reporting to analyze why we have more poverty than any other advanced democracy in the world. You'll also learn more about the Getting Ahead program and how they help individuals become more financially stable.

### **Edible Book Contest**

**Saturday, April 6**

**Entry drop-off: 9:00 AM-1:00 PM**

**Display and voting: 1:00-4:00 PM**

**Awards ceremony: 4:15 PM**

Join us as we celebrate books, art, food, and culture. Create an edible item inspired by your favorite book for a chance to win awesome prizes! Registration is required. Please use the "Special Notes" field to tell us the title of the book(s) that inspired your entry. Registration is required.



### **Time, Love, and C.A.R.E**

**April 16 @ 10:30 AM**

The Center for Animal Rehabilitation and Education (C.A.R.E) is a longstanding non-profit organization that specializes in the care of exotic animals and senior dogs. They'll share their mission and introduce you to some of their feathered and furry friends.



## MAY: ASIAN AMERICAN & PACIFIC ISLANDER HERITAGE MONTH

### **📖 *Land of Big Numbers: Stories* by Te-Ping Chen**

**May 15 @ 6:30 PM • Carnegie Room**

UW-Whitewater's Dr. Tanya Kam joins us to discuss *Land of Big Numbers: Stories* by Te-Ping Chen. Chen's debut traces the journeys of the diverse Chinese people and offers social insight into how their history and government has tumbled messily into the present.

### **Cooking With Uyghur Grill**

**May 20 @ 6:00 PM**

Join us for a journey in flavor as we learn how to make fresh egg rolls and crab rangoon using Uyghur Grill's secret recipe. Registration is required.

## MONTHLY MEETUPS

### **Movie of the Month**

**Second Tuesday of the month @ 10:30 AM**

**Jan. 9, Feb. 13, March 12, April 9, May 14**

Join us for a cinematic journey! Films will be announced one month prior to showing, and snacks will be served.

### **Genealogy Meetup**

**Second Friday of the month, 1:00-3:00 PM**

**Jan. 12, Feb. 9, March 8, April 12, May 10**

**Carnegie Room**

Stop in for our new informal genealogy group. Connect with other local genealogists; share your successes, roadblocks, and research tips; and explore the Library's local history and genealogy resources. Everyone is welcome.

### Open Studio Hours

Monday-Wednesday  
12:00-6:00 PM

Thursday  
12:00-8:00 PM  
(Unless a class is in session)

Friday  
12:00-5:00 PM

## STUDIO 321

### Sketchbook Club

**February 7, March 6, April 3, May 1 @ 6:00 PM**

Drop in the first Wednesday of each month and draw! We'll explore a variety of prompts and mediums to help you grow your sketchbook skills. Bring your own sketchbook and favorite drawing tools. Adults 18+ are invited to join.

### Tabletop Gaming Night

**February 21, March 20, April 17, May 15 @ 6:00 PM**

Join us the third Wednesday of the month for tabletop role playing games in Studio 321! Adults 18+ are invited to join. Registration is required.

### Adult Maker Mondays

**January 15, February 12, March 11, April 8 @ 6:00 PM**

Drop by Studio 321 and explore your creative side. Registration is required.

### Classes for All Ages

Learn how to use the Glowforge Laser Cutter, the 3D Printers, and the Cricut. Classes will be held on Thursday evenings @ 6:00 PM. Registration is required.

**Glowforge:** January 11, February 8, March 14, April 11

**3D Printers:** January 18, February 15, March 21, April 18

**Cricut:** January 25, February 22, March 28, April 25

## THRIVE OVER 55

Programs of interest to older adults. Events take place in Program Room B and require registration, unless otherwise indicated.

### **AARP** Foundation Tax-Aide

**Wednesdays, February 7-April 10**

**Appointments are required**

AARP Foundation Tax-Aide provides free tax preparation assistance, focusing on low-to-moderate-income taxpayers who are 50 and older. Starting January 15, call the Library at 262-524-3682 to schedule an appointment. Prior to arriving for your appointment, stop at the Library's Public Services Desk to pick up your pre-appointment packet. The packet must be completed prior to your tax prep time.

### **Medicare Fraud: Important Things To Know**

**April 9 @ 10:30 AM**

Learn more about how you can protect, detect, and report Medicare-related fraud with the help of GWAAR.

### **Maximize Your Medicare Benefits!**

**February 27 @ 10:30 AM**

A Medicare Outreach Specialist from the Greater WI Agency on Aging Resources (GWAAR) will give an overview of Medicare Parts A, B, C, and D; supplemental insurance; and an explanation of how they all fit together.

### **Senior Social Hour**

**Wednesdays, 10:30-11:30 AM**

**Jan. 10, Feb. 14, March 13,  
April 10, May 8**

All seniors looking for friendship and community are welcome. Registration is not required.



**January 24, February 28, March 27, April 24, May 22 • 10:30 AM-12:00 PM**

A Memory Café is a social gathering for those who are experiencing early-stage dementia or mild memory loss and their care partners. For more information, please contact our Public Services Desk or pick up a brochure at the Library. Registration is required.

WaukeshaPublicLibrary.org  
321 Wisconsin Ave., Waukesha • 262-524-3682



WPL is committed to providing the highest degree of accessibility within our means. Please call 262-524-3695, or email [refemail@waukesha-wi.gov](mailto:refemail@waukesha-wi.gov), two weeks prior to any event to ensure adequate time for accessibility accommodation requests to be explored.