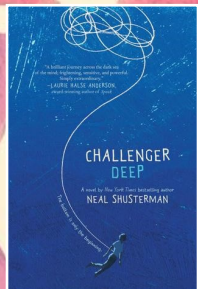


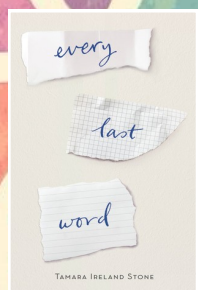
Schizo
By Nic Sheff
YA SHEFF

A teenager recovering from a schizophrenic breakdown is driven to the point of obsession to find his missing younger brother and becomes wrapped up in a romance that may or may not be the real thing.



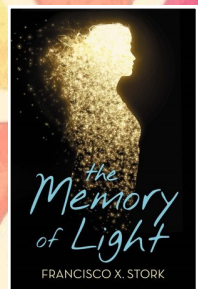
Challenger Deep
By Neal Shusterman
YA SHUSTERMAN

Caden Bosch, who struggles with schizophrenia, is on a ship that's headed for the deepest point on Earth: Challenger Deep, the southern part of the Marianas Trench.



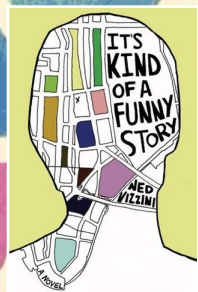
Every Last Word
By Tamara Ireland Stone
YA STONE

Consumed by a stream of dark thoughts and worries that she can't turn off, a girl coping with Purely-Obsessional OCD learns to accept herself and take control of her life through her experiences in poetry club.



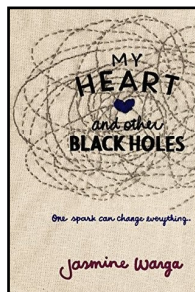
The Memory of Light
By Francisco X. Stork
YA STORK

When Victoria wakes up in the psychiatric ward of a Texas hospital after her failed suicide attempt, she still has no desire to live, until Dr. Desai and other patients help her see her path.



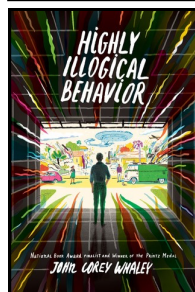
It's Kind of a Funny Story
By Ned Vizzini
YA VIZZINI

A humorous account of a New York City teenager's battle with depression and his time spent in a psychiatric hospital.



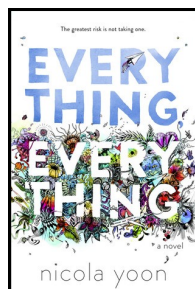
My Heart and Other Black Holes
By Jasmine Warga
YA WARGA

Aysel's hobby of planning her own death takes a new path when she meets a boy who has similar plans of his own.



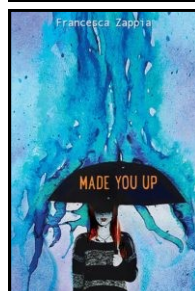
Highly Illogical Behavior
By John Corey Whaley
YA WHALEY

Agoraphobic sixteen-year-old Solomon has not left his house in three years, but Lisa is determined to change that, and to write a scholarship-winning essay based on the results.



Everything, Everything
By Nicola Yoon
YA YOON

A girl confined to her house by rare and profound allergies falls hopelessly in love with her new neighbor, in a story told through vignettes, diary entries, texts, charts, lists and illustrations.



Made You Up
By Francesca Zappia
YA ZAPPIA

Armed with her camera and a Magic 8-Ball and her only ally (her little sister), Alex wages a war against her schizophrenia, determined to stay sane long enough to get into college.

Waukesha Public Library

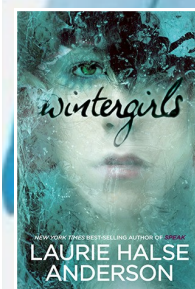
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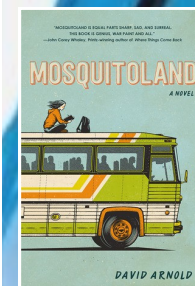
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Mental Health Young Adult Booklist



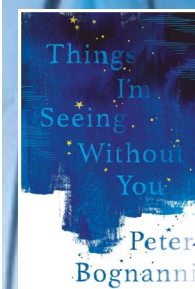
Wintergirls
By Laurie Halse Anderson
YA ANDERSON

Lia comes to terms with her best friend's death from anorexia as she struggles with the same disorder.



Mosquitoland
By David Arnold
YA ARNOLD

When she learns that her mother is sick in Ohio, Mim confronts her demons on a thousand-mile odyssey that redefines her notions of love, loyalty, and what it means to be sane.



Things I'm Seeing Without You
By Peter Bognanni
YA BOGNANNI

When tragedy strikes, Tess drops out of school and moves in with her dad, forcing her to examine life, death, and the boy she thought she knew and loved in a brand new light.



Starfish
By Akemi Dawn Bowman
YA BOWMAN

Kiko yearns to escape the toxic relationship with her mother. When things do not work out as she hoped Kiko jumps at the opportunity to tour art schools with her friend, learning life-changing truths about herself and her past along the way.

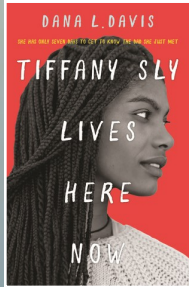


Little & Lion

By Brandy Colbert

YA COLBERT

Suzette, back from school, considers staying home for good so that she can be near her recently diagnosed bipolar brother, a situation that is complicated by her feelings for the girl her brother loves.

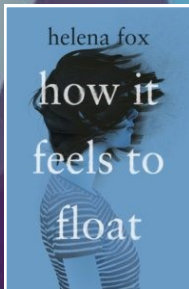


Tiffany Sly Lives Here Now

By Dana L. Davis

YA DAVIS

Tiffany comes to live with her wealthy biological father, whom she has never met, after her mother's death, but her position in her very strict new home is threatened when another man claims to be her father.



How It Feels to Float

By Helena Fox

YA FOX

When Biz's almost-normal life turns upside-down and her dead father disappears again, she tumbles into grief and depression from which she must find her way back.



How to Make Friends With the Dark

By Kathleen Glasgow

YA GLASGLOW

When Tiger's overprotective mother dies, she must learn to live when it feels she is surrounded by darkness.

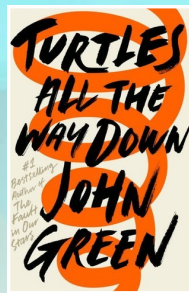


Under Rose-Tainted Skies

By Louise Gornall

YA GORNALL

Norah has agoraphobia and OCD. As her friendship with her new neighbor grows deeper, Norah wonders whether she can face her own demons enough to get out of the house.



Turtles All the Way Down

By John Green

YA GREEN

Aza Holmes, a high school student with obsessive-compulsive disorder, becomes focused on searching for a fugitive billionaire.

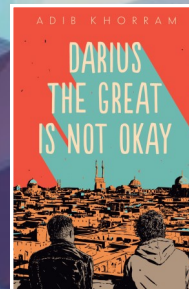


Impulse

By Ellen Hopkins

YA HOPKINS

Three teens meet at a mental hospital after each has attempted suicide and connect with each other in ways they never have with anyone else in their lives.



Darius the Great Is Not Okay

By Adib Khorram

YA KHORRAM

Clinically-depressed Darius Kellner travels to Iran to meet his grandparents, but it is their next-door neighbor, Sohrab, who changes his life.



Hold Still

By Nina LaCour

YA LACOUR

As Caitlin struggles to cope with her best friend Ingrid's suicide, she turns inward and quiet, but finding Ingrid's hidden journal, a new classmate, and new projects help Caitlin find a way to reach out again.

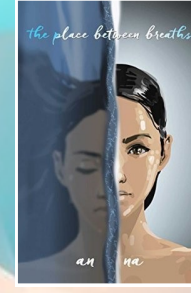


When We Collided

By Emery Lord

YA LORD

Jonah Daniels tries to save his family restaurant from ruin, his mother from her sadness, and his danger-seeking girlfriend Vivi from hurting herself.



The Place Between Breaths

By An Na

YA NA

Grace fears that she will succumb to the schizophrenia that took her mother away, while she and her father work for a genetics lab rushing to find a cure.



Release

By Patrick Ness

YA NESS

Between his religious family, a deeply unpleasant ultimatum from his boss, and his own unrequited love for his sort-of ex, it seems as though Adam's life is falling apart.

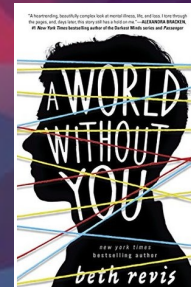


All the Bright Places

By Jennifer Niven

YA NIVEN

When Theodore Finch and Violet Markey meet on the ledge of the bell tower at school, both teetering on the edge, it's the beginning of an unlikely relationship.

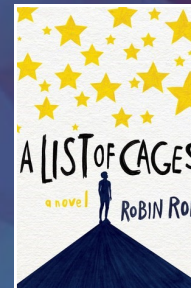


A World Without You

By Beth Revis

YA REVIS

After the unexpected loss of his girlfriend, a teenage boy suffering from delusions is convinced that he can travel through time to save her.



A List of Cages

By Robin Roe

YA ROE

Landing a coveted elective to serve as an aide to the school psychologist, Adam, a student struggling with ADHD, is assigned to track down a troubled freshman he discovers is his foster brother.