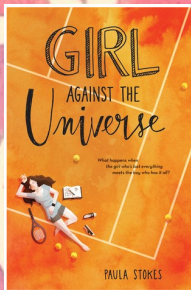


## History is All You Left Me

By Adam Silvera

YA SILVERA

When Griffin's first love and ex-boyfriend, Theo, dies in a drowning accident, his universe implodes. Now, the future he's been imagining for himself has gone far off course.

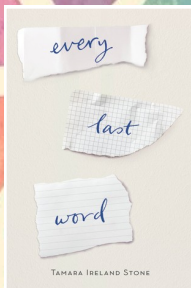


## Girl Against the Universe

By Paula Stokes

YA STOKES

Maguire is bad luck. No matter how many charms she buys or good luck rituals she performs, horrible things happen. She spends a lot of time in her room to avoid causing damage.

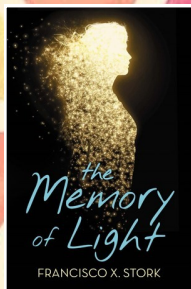


## Every Last Word

By Tamara Ireland Stone

YA STONE

Consumed by a stream of dark thoughts and worries that she can't turn off, a girl coping with Purely-Obsessional OCD learns to accept herself and take control of her life through her experiences in poetry club.

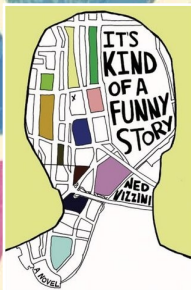


## The Memory of Light

By Francisco X. Stork

YA STORK

When Victoria wakes up in the psychiatric ward of a Texas hospital after her failed suicide attempt, she still has no desire to live, until Dr. Desai and other patients help her see her path.

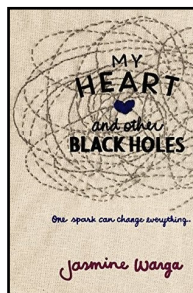


## It's Kind of a Funny Story

By Ned Vizzini

YA VIZZINI

A humorous account of a New York City teenager's battle with depression and his time spent in a psychiatric hospital.

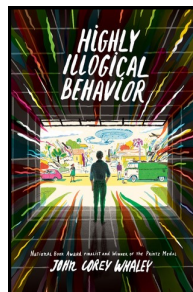


## My Heart and Other Black Holes

By Jasmine Warga

YA WARGA

Aysel's hobby of planning her own death takes a new path when she meets a boy who has similar plans of his own.

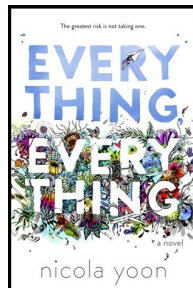


## Highly Illogical Behavior

By John Corey Whaley

YA WHALEY

Agrophobic sixteen-year-old Solomon has not left his house in three years, but Lisa is determined to change that, and to write a scholarship-winning essay based on the results.



## Everything, Everything

By Nicola Yoon

YA YOON

A girl confined to her house by rare and profound allergies falls hopelessly in love with her new neighbor, in a story told through vignettes, diary entries, texts, charts, lists and illustrations.



## Eliza and Her Monsters

By Francesca Zappia

YA ZAPPIA

Eliza Mirk is the anonymous creator of Monstrous Sea, a wildly popular webcomic, but when a new boy at school tempts her to live a life offline, everything she's worked for begins to crumble.

## Waukesha Public Library

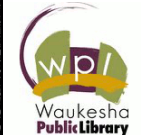
321 Wisconsin Avenue

Waukesha, WI 53186

(262) 524-3682

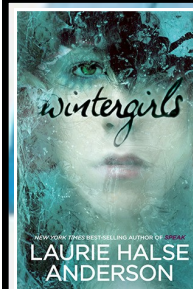
www.waukeshapubliclibrary.org

Instagram: @wplteenzone



9/18 or

# Mental Health in YA

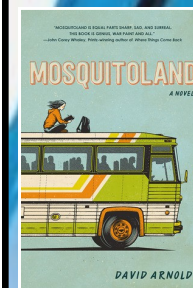


## Wintergirls

By Laurie Halse Anderson

YA ANDERSON

Lia comes to terms with her best friend's death from anorexia as she struggles with the same disorder.



## Mosquitoland

By David Arnold

YA ARNOLD

When she learns that her mother is sick in Ohio, Mim confronts her demons on a thousand-mile odyssey that redefines her notions of love, loyalty, and what it means to be sane.



## Things I'm Seeing Without You

By Peter Bognanni

YA BOGNANNI

When tragedy strikes, Tess drops out of school and moves in with her dad, forcing her to examine life, death, and the boy she thought she knew and loved in a brand new light.



## Starfish

By Akemi Dawn Bowman

YA BOWMAN

Kiko yearns to escape the toxic relationship with her mother. When things do not work out as she hoped Kiko jumps at the opportunity to tour art schools with her friend, learning life-changing truths about herself and her past along the way.



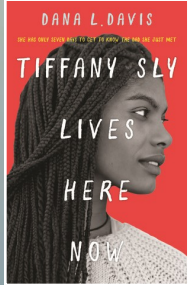


### Little & Lion

By Brandy Colbert

YA COLBERT

Suzette, back from school, considers staying home for good so that she can be near her recently diagnosed bipolar brother, a situation that is complicated by her feelings for the girl her brother loves.



### Tiffany Sly Lives Here Now

By Dana L. Davis

YA DAVIS

Tiffany comes to live with her wealthy biological father, whom she has never met, after her mother's death, but her position in her very strict new home is threatened when another man claims to be her father.

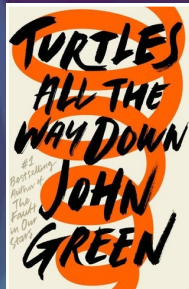


### Under Rose-Tainted Skies

By Louise Gornall

YA GORNALL

Norah has agoraphobia and OCD. As her friendship with her new neighbor grows deeper, Norah wonders whether she can face her own demons enough to get out of the house.



### Turtles All the Way Down

By John Green

YA GREEN

Aza Holmes, a high school student with obsessive-compulsive disorder, becomes focused on searching for a fugitive billionaire.

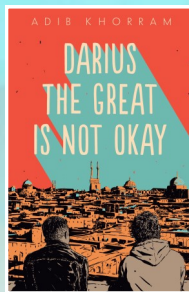


### Impulse

By Ellen Hopkins

YA HOPKINS

Three teens meet at a mental hospital after each has attempted suicide and connect with each other in ways they never have with anyone else in their lives.



### Darius the Great is Not Okay

By Adib Khorram

YA KHORRAM

Clinically-depressed Darius Kellner travels to Iran to meet his grandparents, but it is their next-door neighbor, Sohrab, who changes his life.



### Hold Still

By Nina LaCour

YA LACOUR

As she reads the journal left by her best friend, who committed suicide, Caitlin struggles with powerful feelings of loss, sadness, and guilt.

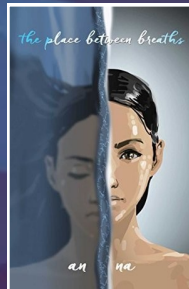


### When We Collided

By Emery Lord

YA LORD

Jonah Daniels tries to save his family restaurant from ruin, his mother from her sadness, and his danger-seeking girlfriend Vivi from hurting herself.



### The Place Between Breaths

By An Na

YA NA

Grace fears that she will succumb to the schizophrenia that took her mother away, while she and her father work for a genetics lab rushing to find a cure.



### Release

By Patrick Ness

YA NESS

Adam doesn't know it yet, but today will change his life. Between his religious family, a deeply unpleasant ultimatum from his boss, and his own unrequited love for his sort-of ex, it seems as though Adam's life is falling apart.

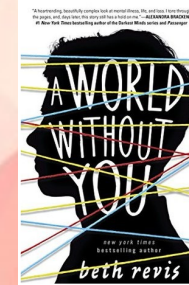


### All the Bright Places

By Jennifer Niven

YA NIVEN

When Theodore Finch and Violet Markey meet on the ledge of the bell tower at school, both teetering on the edge, it's the beginning of an unlikely relationship.

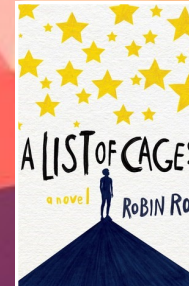


### A World Without You

By Beth Revis

YA REVIS

After the unexpected loss of his girlfriend, a teenage boy suffering from delusions is convinced that he can travel through time to save her.



### A List of Cages

By Robin Roe

YA ROE

Landing a coveted elective to serve as an aide to the school psychologist, Adam, a student struggling with ADHD, is assigned to track down a troubled freshman he discovers is his foster brother.

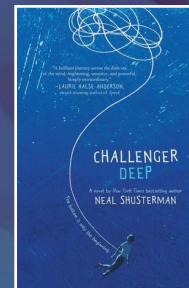


### Schizo

By Nic Sheff

YA SHEFF

A teenager recovering from a schizophrenic breakdown is driven to the point of obsession to find his missing younger brother and becomes wrapped up in a romance that may or may not be the real thing.



### Challenger Deep

By Neal Shusterman

YA SHUSTERMAN

Caden Bosch, who struggles with schizophrenia, is on a ship that's headed for the deepest point on Earth: Challenger Deep, the southern part of the Marianas Trench.