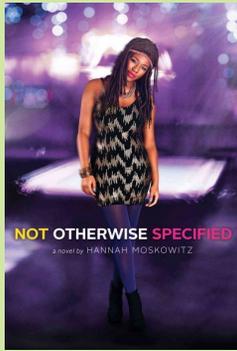


Not Otherwise Specified

Hannah Moskowitz
YA MOSKOWITZ

Auditioning for a New York City performing arts high school could help Etta escape from her Nebraska all-girl school, where she's not gay enough for her former friends, not sick enough for her eating disorders group, and not thin enough for ballet.



Dumplin'

Julie Murphy
YA MURPHY

Willowdean wants to prove to everyone in her small Texas town that she is more than just a fat girl, so Will and some other misfits prepare to compete in the local beauty pageant.



Stained

C. A. Rainfield
YA RAINFIELD

Sarah longs for "normal." Born with a port wine stain covering half her face, all her life she's been plagued by stares and bullying. But when she's abducted on the way home from school, Sarah is forced to uncover the courage she never knew she had and learn to look beyond her face to find the beauty and strength she has inside.



Various Positions

Martha Schabas
YA SCHABAS

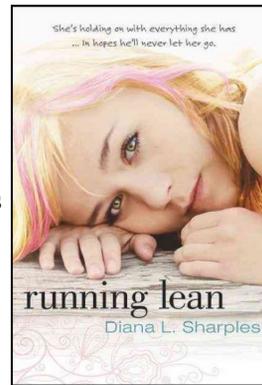
When talented, dedicated Georgia becomes a student in an elite Toronto ballet academy, her confusing feelings toward one of her teachers lead to disaster.



Running Lean

Diana L. Sharples
PB YA SHARPLES

Stacey and Calvin found equilibrium in each other, but lately the balance is off. Calvin's grief over his brother's death is taking new forms, while voices of self-loathing are dominating Stacey's life. When struggles with body image threaten her health, Calvin can't bear to lose another person that he loves.



The List

Siobhan Vivian
YA VIVIAN

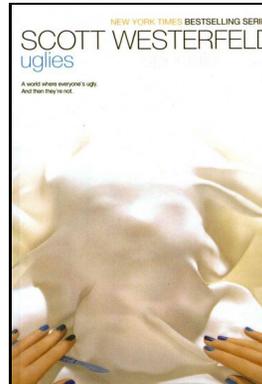
Every year at Mount Washington High School somebody posts a list of the prettiest and ugliest girls from each grade. The eight girls listed, freshman to senior, are affected by the list in different ways through the year.



Uglies

Scott Westerfeld
YA WESTERFELD

Just before their sixteenth birthdays, when they will be transformed into beauties whose only job is to have a great time, Tally's best friend runs away and Tally must find her and turn her in, or never become pretty at all. First in the series.



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Body Image Books 4 Teens

Wintergirls

Laurie Halse Anderson
YA ANDERSON

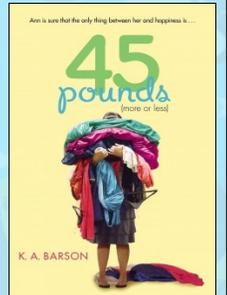
Lia comes to terms with her best friend's death from anorexia as she struggles with the same disorder.



45 Pounds (More or Less)

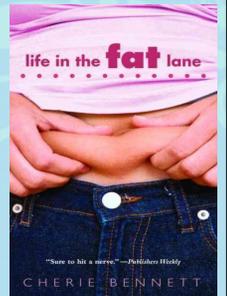
K. A. Barson
YA BARSON

When Ann decides that she is going to lose 45 pounds in time for her aunt's wedding, she discovers that what she looks like is not all that matters.



Life in the Fat Lane

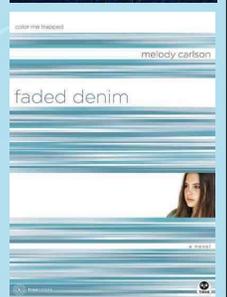
Cherie Bennett
PB YA BENNETT
Lara, winner of beauty pageants and Homecoming Queen, is distressed and bewildered when she starts gaining weight and becomes a fat girl.



Faded Denim: Color Me Trapped

Melody Carlson
PB YA CARLSON

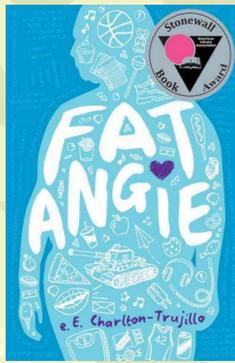
Emily's weight loss spins out of control until she decides that trusting in God and her friends can help her regain her health.



Fat Angie

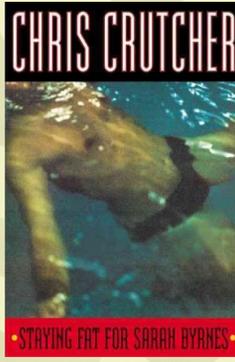
e. E. Charlton-Trujillo
YA CHARLTON-TRUJILLO

Angie overeats to cope with the taunts of the ultra-mean girls, her attempted suicide in front of a packed gym, and the status of her captured war-hero sister, until KC Romance comes to town and sees Angie for who she really is.



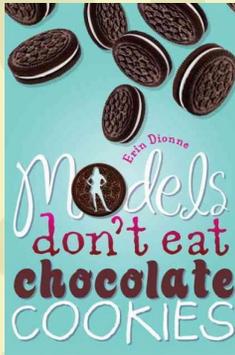
Staying Fat For Sarah Byrnes
Chris Crutcher
YA CRUTCHER
(also PB YA)

The daily class discussions about the nature of man, the existence of God, suicide and other contemporary issues serve as a backdrop for a high-school senior's attempt to answer a friend's dramatic cry for help.



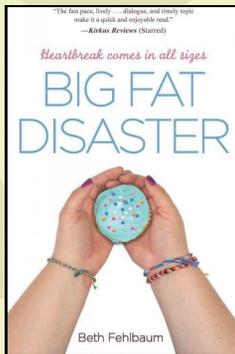
Models Don't Eat Chocolate Cookies
Erin Dionne
PB YA DIONNE

Overweight Celeste begins a campaign to lose weight in order to make sure she does not win the Miss Huskeypeach modeling challenge, in which her mother and aunt have entered her against her wishes.



Big Fat Disaster
Beth Fehlbaum
YA FEHLBAUM

A shy, overweight, and insecure girl named Colby finds her place in a family of extroverted politicians, beauty queens, and other cookie-cut personalities.



Nothing

Robin Friedman
PB YA FRIEDMAN

Despite his outward image of the popular, attractive Ivy League bound student of his father's dreams, Parker sees himself as a fat failure and finds relief for his anxieties in increasing bouts of binging and purging.



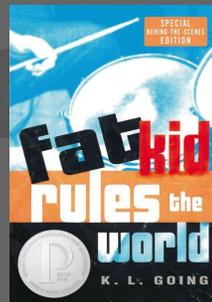
Perfect
Natasha Friend
YA FRIEND

Following the death of her father, Isabelle uses bulimia as a way to avoid her mother's and younger sister's grief, as well as her own.



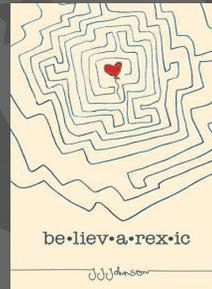
Fat Kid Rules the World
K. L. Going
YA GOING

Troy, depressed, suicidal, and weighing nearly 300 pounds, gets a new perspective on life when a homeless teenager who is a genius on guitar wants Troy to be the drummer in his rock band.



Believarexic
J. J. Johnson
YA JOHNSON

Jennifer convinces her parents to commit her to the Eating Disorders Unit of an upstate New York psychiatric hospital in 1988, where the treatment for her bulimia and anorexia is not what she expects.



Skinny
Ibi Kaslik
YA KASLIK

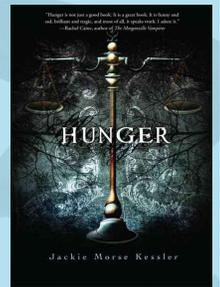
After the death of their father, two sisters struggle with various issues, including their family history, personal relationships, and an extreme eating disorder.



Hunger

Jackie Morse Kessler
PB YA KESSLER

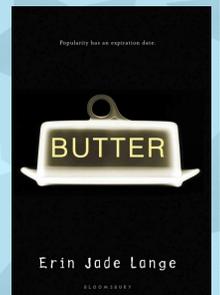
Lisabeth has anorexia, and even turning into Famine, one of the Four Horsemen of the Apocalypse, cannot keep her from feeling fat and worthless.



Butter

Erin Jade Lange
YA LANGE

Unable to control his binge eating, a morbidly obese teenager nicknamed Butter decides to make live webcast of his last meal as he attempts to eat himself to death.



Future Perfect
Jen Larsen
YA LARSEN

Ashley is offered the chance to have weight-loss surgery by her exacting grandmother, who promises to provide tuition to her dream college in return.



The Earth, My Butt, and Other Big Round Things
Carolyn Mackler
YA MACKLER

Feeling like she does not fit in with the other members of her family, who are all thin, brilliant, and good-looking, Virginia tries to deal with her self-image and her disillusionment with some of the people closest to her.



A Trick of the Light
Lois Metzger
YA METZGER

Mike desperately attempts to regain control as his parents separate and his life falls apart.

